

STRESS CONDITION AMONG BSCSM STUDENTS AT JBLFMU-MOLO, INC.

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In Partial Fulfillment
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Abstract

This study aimed to determine the stress condition among the BSCSM students when taken as a whole and when grouped according to gender, year level and academic classification. The respondents of the study were the 320 Bachelor of Science in Cruise Ship Management (BSCSM) students at John B. Lacson Foundation Maritime University (JBLFMU)-Molo, Inc. The respondents represent 30% of the total population of the BSCSM. The study revealed that the stress condition among BSCSM students when taken as a whole was found to be in "pretty good control." Even when classified according to gender, year level, and academic performance, the stress condition among BSCSM students were found to be in "pretty good control", except for those who had academic performance of fair/passed, in which case, the stress condition was "danger zone".